

25th CHOJINKAI KARATE WINTER COURSE

Friday 13th to Monday 16th January 2023

Center Parcs, Whinfell Forest, Penrith

***OPEN TO ALL MEMBERS, PARENTS & FAMILIES**

CLOSING DATE

Sunday 9th October 2022 (Club Champs)



Course led by Doug James 9th Dan together with Darren Longstaff 6th Dan & Mark Heaton 5th Dan

£30pp DEPOSIT SECURES YOUR PLACE!

Email confirmation to: dougjames@chojinkai.com

and I will then advise bank payment details

Full Amount Due by Sunday 31st October 2022

**Book into your Lodge after 4pm Fri – FACILITIES CAN BE USED FROM 10am
Vacate Lodge by 10.00am Monday - Facilities can still be used ALL THAT DAY**

MEMBERS with FAMILY – Book your own @ Center Parcs Directly

Or if going on your own – ‘is not a problem’

you will be allocated in a lodge to share with other members

Self Catering New Style Woodland Lodge (Lake Beck Area)

2 or 3 Bedroom for 4 or 6 people (inc Lake Beck & Flex Ins) - £115.00pp

plus £30pp for training (£40 for 2 family, £50 for 3, £60 for 4/5)

Training Sat/Sun in Sports Plaza

Soft Tennis Courts 4 & 5 – 7.45am to 10.25am

Daily training is available @ £15.00 per session,

plus day entrance fee booked in advance with Center Parcs – 01768 893000

(If you are training both sessions, the cost is not much different than staying in a lodge)

This is a very popular course – Karate Training & Socially

☺ KICK yourself back into shape after next Christmas ☺

ANY QUERIES – JUST RING ME ON 0797 9922800

