

## Senior Grading results September 2011

The Chojinkai Karate Association held a Senior Grading Examination in Carlisle on Saturday 10th September – 4 members of the Chojinkai Karate Group were successful & the grading took the form of a 2 hour pre-train followed by the examination under a panel headed by Chojinkai Karate Chief Instructor Doug James 8th Dan.



Back row: Ray Hind 5th Dan; Rosemary Harper 2nd Kyu; Lucy Quinn 2nd Kyu; Gordon Harrison 5th Dan;

Front Row; Sophie Cowan 3rd Kyu; Imogen Quinn 3rd Kyu; Doug James 8th Dan;

# Congratulations to you!