

The Chojinkai Karate Association held a Senior Grading Examination in Carlisle on Saturday 19th March.

10 members of the Chojinkai Karate Group were successful and the grading took the form of a 2 hour pre-train followed by the examination under a panel headed by Chojinkai Karate Chief Instructor Doug James 8th Dan.



Back row: Steve Chaplow 5th Dan; Amy Hodkin Prov 3rd Kyu; Lee Fallowfield Prov 3rd Kyu; Gordon Harrison 5th Dan; John Ramage 1st Dan; Gordon Crawshaw 1st Kyu; Ray Hind 5th Dan;

Middle Row: Steven Elliott 1st Dan; Lucy Wilson 1st Dan; Joanna Francis 3rd Kyu; Archie Bell 1st Kyu;

Front Row; Louise Leach 1st Dan; Sophie Cowen Prov 3rd Kyu; Doug James 8th Dan; Emily Brews 3rd Kyu; Imogen Quinn Prov 3rd Kyu; Deanna Burns 2nd Kyu; Kelsie Dawes 2nd Kyu; Darren Longstaff 5th Dan: